



**LALLEMAND INSTAFERM® VITAD® PRODUCTS
GUIDELINES FOR BAKERS MAKING NUTRIENT CONTENT CLAIMS**

Canada:

- In accordance to Canada Gazette Part I Vol. 145, No. 8, Lallemand Instaferm® VitaD® products may be used safely as a source of Vitamin D2 up to a maximum of 90 IU (2.25 mcg)/100g of yeast leavened bread and unstandardized yeast-leavened bakery products such as pizza crust, bread mix, donuts, croissants and bagels.
- The Daily Value for Vitamin D for the general population is now 20 mcg (800 IU).
- Reference amount of some bakery products were changed:

Product Category	Reference Amount	Units for Expressing the Serving of Stated Size for Multiple-Serving Prepackaged Products
Bread, excluding sweet quick-type	75 g	2 slices (# g)
		number of # cm slice(s) (75 g)
		fraction loaf (75 g)
Tea biscuits, scones, rolls, buns, English muffins, croissants, tortillas, pita, soft bread sticks, soft pretzels and corn bread	55 g	# piece(s) or unit(s) (# g)
		1 unit (# g)
		number of # cm slice(s) (55 g) fraction loaf (55 g)
Bagels, naan, flat bread	85 g	# piece(s) or unit(s) (# g)

- Vitamin D Content and Nutrient Content Claims in Baked Goods:

Claim	Conditions - Food	FDR Reference
a) any vitamin or mineral nutrient claim Examples: "contains" "source of" "contains 8 essential nutrients"	The food provides ≥5% of RDI	D.01.004 D.02.002 B.01.402 (4) B.01.401(3)(e)(ii)
b) "good source of" "high in"	The food provides ≥15% of RDI, except ≥30% of RDI for vitamin C	D.01.004 D.02.002 B.01.401(3)(e)(ii)
c) "excellent source of" "very high in" "rich in" "a valuable source of"	The food provides ≥25% of RDI, except ≥50% of RDI for vitamin C	D.01.004 D.02.002 B.01.402 (4) B.01.401(3)(e)(ii)

*Customer is solely responsible for validation of all claims, testing and declaration.